Central Florida HIV Planning Council Ryan White Community Meeting

January 21, 2020

Call to Order: The Vice Chair Mr. Hutchins called the meeting to order at 11:05 a.m. at Heart of Florida United Way, located at 1940 Cannery Way, Orlando, FL.

Members Present: Dean Hutchins, Vel Cline, Lori Leaf, Karen W., Yolanda J., Juanita T., Yamira J., Alexis J., Jeantel J., Marion S.

Approval of the agenda:	The committee reviewed the agenda and made the following updates Replaced PCS with Ms. Munroe's name for the Oral Health, Substance Abuse Residential, and Medical Case Management Service Standards. Motion: Mr. Cline made a motion to approve the agenda with the updates. Ms. Leaf seconded the motion. The motion was adopted unanimously without debate.		
Approval of the November 18 th Minutes	 The participants reviewed the minutes and made the following comments: Removed Ms. Scott's name from being present Added Vice Chair before Mr. Hutchin's name Motion: Mr. Cline made a motion to approve the November 18th minutes with the changes. Ms. Williams seconded the motion. The motion was adopted unanimously without debate. 		
Open the Floor for Public Comment	Ms. Cross informed that there was a request for different types of food to be provided at future meetings.		

Membership Committee: The committee reviewed and discussed the membership matrix, pc reflectiveness and committee roster. The committee discussed the membertraining schedule. The committee discussed and updated questions on the orientation and leadership evaluation forms. The committee reviewed two applicant summaries and decided to move the applicants forward to the next step in the application process. **Service Systems & Quality Committee:** The committee the reviewed and discussed the Medical Case Management Reports: Service Standards. The committee received an overview of the Area 7 Ryan White Part B Expenditure & Utilization Report. The committee was informed about the remaining service standards that need to be reviewed and approved. The committee completed leadership evaluations via Mentimeter. PR & Marketing Committee: The committee discussed the content for Volume 7 of the Red Ribbon Times. The committee received an educational infographic mini training from Mr. Acosta. The committee discussed highlights from the World AIDS Day event in December and ways to make the event better this

vear.

	The committee decided to expand the			
	Planning Council's social media reach by creating an Instagram account.			
	Needs Assessment & Planning Committee:			
	 The committee reviewed received an overview of the monthly Part A Expenditure Report and the Quarterly Area 7 Ryan White Part B Expenditure & Utilization Report. The committee received a big picture management mini training from Mr. Acosta. The committee discussed memorandums of understanding with key points of entry for hospitals. The committee discussed special projects and the need for specific reporting. 			
New Business				
Service Standards:	Ms. Munroe provided the participants with an overview of recommended revisions for the Oral Health, Substance Abuse Residential, and Medical Case Management Service Standards. Attachment			
	Allachment			
	Ms. Yamira Lee Johnson provided the participants with a presentation on healthy eating with HIV. Ms. Johnson highlighted the following key points:			
Presentation: Fighting HIV with Nutrition:	Fat is found in meat, milk, nuts, or vegetables. Omega fats found in fatty fish and grass fed beef are critical for brain function. Consuming health fats is also beneficial for absorbing nutrients, keep the body warm and protect organs.			

	There are 16 essential nutrients required for a healthy system. For HIV patients there are specific nutrients that must be included on their daily intake. Calcium for bone health, iron for building red blood cells, sodium for nervous system, and magnesium for biochemical function. Vitamin C supplements the immune system and support bodily functions. Vitamin B supports the nervous system and help process amino acids repair muscle and organs.		
	Alkaline water proceed much needed antioxidants that help your body fight back against free radicals that negatively affect the immune system and encourage severe health issues.		
	Ms. Johnson provided the recipes for the following healthy dishes:		
	 Southwest Breakfast Burritos Sweet Quinoa Breakfast Bowl Stewed Pink Beans Mofongo Stuffed Chicken Breast Yucca & Bean Bread Roasted Salmon Spicy Almonds 		
	Motion: Mr. Hutchins made a motion to extend the meeting 15 minutes in order to complete the remaining agenda items. Mr. Cline seconded the motion. The motion was adopted by a majority vote.		
ACTION	ITEMS		
Item	Responsible Party		
Inquire about appeal process for indidiviauls with medical conditions denied substance abuse residential housing.	PCS		
Next Month's Meeting:	February 18, 2020 @ HFUW		
Adjanuamant	1:00 n m		

David Bent Prepared by: Date: 01/22/2020

Adjournment:

1:23 p.m.

Approved by:	Date:	7.	18.2020