

Central Florida HIV Planning Council

RW Community Meeting Minutes

July 21, 2020

Call to Order: The Chair, Mr. Cline called the meeting to order at 6:15 p.m..

Participants Present: Vel Cline, Dean Hutchins, Sam Graper Ira Westbrook, Aaron Sanford-Wetherell, Gabriella Rodriguez, John Curry, Keith Tremain, Alelia Munroe, Claudia Yabrudy, Yasmin Andre, Jannira Velazquez, Kimberley Brown, Daniel D., Corey D., Alana S., Jordan A.

<p>Approval of the agenda:</p>	<p>The committee reviewed the agenda and made the following update:</p> <ul style="list-style-type: none"> • Added Mindfulness Presentation <p>The participants unanimously approved the agenda with the update.</p>
<p>Approval of the February 18th Minutes:</p>	<ul style="list-style-type: none"> • The February 18th minutes were approved as written.
<p>Open the floor for public comment:</p>	<ul style="list-style-type: none"> • A participant requested that the Part A office create a line item report to include expenditures for the Cares Act funding to inform the community on how the funds have been allocated. Ms. Yabrudy agreed to the request and will provide a full break down on how the funds have been allocated to date at the next Planning Council meeting. The information will also be shared on Facebook and an infographic. • Ms. Yabrudy informed the participants that \$400k has been received and will be utilized over the course of the year. Ms. Yabrudy also informed that the funds will be used for the following: <ul style="list-style-type: none"> ➤ PPE for consumers and staff (reusable cloth face masks) ➤ Distribution of hand sanitizer

	<ul style="list-style-type: none"> ➤ Provide agencies with telework software to be used by case managers for conducting face to face virtual meetings with clients. ➤ Food – expansion of food card program ➤ Improve door to door transportation services <ul style="list-style-type: none"> • A participant asked if the Cares Act funding for COVID-19 is available for service organizations in his area. Ms. Yabrudy informed that the funds are limited to the 4-county area, but if resources become available for his area, she will let him know. Ms. Munroe recommended that the participant follow-up with Jessica with Unconditional Love regarding COVID-19 funding.
<p>Reports:</p>	<p>PR & Marketing Committee Meeting:</p> <ul style="list-style-type: none"> • The committee discussed the CFHPC Facebook page insights, Instagram account, and website. The CFHPC Facebook page currently has over 1,000 likes. The Instagram account has 121 followers and 44 posts. • The committee discussed ideas for the creation of upcoming infographics: (COVID-19 & HIV, COVID-19 & Sex, and safer sex practices). • The committee reviewed and finalized the list of articles to be included in the next volume of the Red Ribbon Times. The next volume of the Red Ribbon Times newsletter will be released in September. • The committee discussed “Come Out with Pride” and the opportunity to create a video for this year’s virtual event. <p>Needs Assessment & Planning Committee:</p> <ul style="list-style-type: none"> • The committee received an overview of the Part A Quarter 1 Expenditure & Utilization report, Part A Monthly Expenditure Report and

	<p>the Part B Monthly Utilization report.</p> <ul style="list-style-type: none"> • The committee reviewed, updated, and approved the Needs Assessment & Planning work plan. • The committee discussed and provided suggestions for special studies. • Ms. Cross announced that data presentation will take place in September.
<p>New Business:</p>	<p>Service Standards:</p> <ul style="list-style-type: none"> • Ms. Cross requested that the participants review the Medical Nutrition Therapy and Outpatient Ambulatory Health Services Service Standards and to provide any recommendations and/or suggestions at the next RW Community meeting. <p>Presentation:</p> <p>The participants received a presentation on mindfulness from Alana Sadhu with Peer Support Space. Ms. Sadhu highlighted the following:</p> <ul style="list-style-type: none"> • Mission is to build and be a central hub for diverse, peer-led recovery communities. • Services include: community gatherings, peer network events, peer drop in center. • Mindfulness is the act of exploring truth in the form of a moment by moment, second by second awareness of thoughts, feelings, emotions, physiobiological sensations, through a gentle non-judgmental lens. <p>6 steps to mindfully deal with difficult emotions:</p> <ol style="list-style-type: none"> 1. Turn toward your emotions with acceptance 2. Identify and label the emotion 3. Accept your emotions 4. Realize the importance of your emotions 5. Inquire and Investigate 6. Let go of the need to control your emotions

	<p>World AIDS Day Discussion:</p> <ul style="list-style-type: none"> Ms. Cross asked the participants to provide any ideas or suggestion they have for this year's World AIDS Day event. Due to no suggestions provided, Ms. Cross encouraged the participants to bring their ideas to the next meeting.
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ACTION ITEMS

Item	
Create report with detailed breakdown for the Cares Act COVID-19 funds (expenditures)	Part A – Claudia Yabrudy
Forward survey to Ms. Yabrudy	PCS – Mr. Acosta
Next Meeting	August 18, 2020 @HFUW
Adjournment:	7:51 p.m.

Prepared by: David Bent Date: 7/22/2020

Approved by: _____ Date: _____

