The Secret Society

Presented By Diva In Dialogue

The Secret Society is a dedicated organization focused on providing education, support, and advocacy for newly diagnosed trans individuals. Our mission and vision reflect our commitment to creating a safe and empowering environment for our members.

Our Purpose

 \succ Our mission is to provide a safe, nonjudgmental space where members can achieve and maintain U=U (Undetectable = Untransmittable) status. We empower our members to become advocates for themselves and others, fostering a community of support, resilience, and knowledge.

Mission

> The vision of The Secret Society is to help newly diagnosed trans individuals navigate through life by providing unwavering support and guidance. We aim to be a shoulder to lean on, ensuring that our members face no barriers as they transition and embrace their true selves. Our commitment is to foster a community where every trans person feels empowered, respected, and equipped to overcome any challenges they may encounter.

Vision

- This cohort will help the participants become more knowledgeable with the following below.
- > Their personal risk for different STI's.
- > Ryan White / ADAPT Services.
- \succ Reading labs.
- \succ How to talk to your doctors.
- HIV planning council
- Healthy relationships
- \succ Self love.

Why is having this cohort important ? During this session participants will have their initial introductions amongst their peers. This time will be utilized for bonding through storytelling, shared experiences, and other intersecting commonalities.

Meet & Greet

Confidentiality is of the upmost importance

- > What happens here stays here
- Don't yuck somebodys yum
 - ➢If it's not your preference or experience don't belittle others
- > If it don't apply let it fly
 - ➢Transgender, nonbinary and genderfluid experiences are not monolithic
- Assume all exchanges are done with good intentions unless otherwise stated

Meet & Greet Etiquette

In this class the participants will learn about Sexually Transmitted Infections (STI'S). Specifically viral vs bacterial, how they're transmitted, treatments, and other preventative methods.

HIV/ STI Class

- Discussion of the different types of sexually transmitted infections
- How each type of STI is transmitted
- > Statistical data surrounding STI's
 - Gender, sexuality, race/ethnicity and location data
- Available STI treatments and preventative methods
- > Safer Sex Practices

HIV/ STI Class

During this session, we will have a case manager discuss Ryan White and the AIDS Drug Assistance Program (ADAP). We will also analyze them to understand the ins and outs of the program concerning their operating policies and procedures.

Ryan White & ADAPT

- Who is eligible to apply for Ryan White and ADAP
- > The qualifications needed to be considered eligible
- After the intake process what are the next steps
- The renewal process for current participants
- Becoming active for inactive/lost in care participants
- What services and costs are covered under these programs
- The different parts of Ryan White and what each part entails

Ryan White & ADAPT

During this session, we will have a doctor come in to give a presentation discussing the importance of reading/comprehending your personal labs

Labs

- The doctor will cover how to read and comprehend your labs
- > The importance of adhering to antiretroviral medications
- What it means to be virally suppressed and the impact it plays on your healthcare
- How to advocate on behalf of yourself relating to self-autonomy

Labs

This session circumvents concepts about Loving Yourself, Selfacceptance, and Body positivity. We will also discuss how to educate folks prior to disclosing your status. Self Love & Healthy Relationships

- Discussions will be had around body dysphoria and how to minimize negative thoughts
- Daily affirmations and practice to facilitate a better relationship with being self-affirming
- Understanding the concept of body positivity vs body neutrality
- Discussions around the best practices of how to disclose your status

Self Love & Healthy Relationships

Case management experiences on working with **TGNBC** Clients Survey

Any Questions, Comments, or Concerns?

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