## Central Florida HIV Planning Council RW Community Meeting Minutes

May 21, 2024

**Call to Order:** The Co-Chair, Ms. Starks called the meeting to order at 6:11 pm at the located at Valencia College Osceola Campus at 1800 Denn John Lane- CIT Building Suite 300, Kissimmee, FL 34744

**Participants Present:** Emily Steller, Charlie Wright, Cicily Martin, Vel Cline, Edward Cook, Siri Goberdhan Jr., Arselia Klunder, Ida Starks, Andre Antenor, Fernell Neal, Kara Williams via Teleconference, Kirsten Lewis via Teleconference, Mika Mendoza via Teleconference, Sueanne Vazquez via Teleconference, Teesha Washington via Teleconference, Tim Collins via Teleconference, John B. Thompson Jr. via Teleconference,

Approval of the agenda:	The committee reviewed the meeting agenda and approved the agenda with the following changes:  • Add Chair Ida Starks to Agenda  Motion: Mr. Cline made a motion to approve the agenda with the following changes. Mr. Antenor seconded the motion. The motion was adopted unanimously without debate.
Approval of the March 19 <sup>th</sup> & April 16 <sup>th</sup> Minutes	The committee reviewed the March 19 <sup>th</sup> & April 16 <sup>th</sup> and approved the minutes as is.
Open the floor for public comment:	<ul> <li>PCS did not receive any comment cards.</li> <li>No Public Comment</li> </ul>
Reports:	<ul> <li>Service Systems Planning &amp; Quality Committee Meeting:</li> <li>The committee nominated and voted for Tim Collins as their new committee vice chair.</li> <li>The committee received an overview of the monthly expenditures for Part A and Part B, Part B Quarter 4 Utilization &amp; Expenditure and GR report.</li> <li>The committee was informed that David Cavalleri will be conducting the transgender focus group. Mr. Cavalleri informed the committee that the questions used during the</li> </ul>

focus group will be sent via email. Mr. Cavalleri asked the committee to review the question and provide feedback or recommendations. Ms. Mendoza informed the committee that the Part B contract was extended to March 2025. The committee reviewed and approved the 2024 Ryan White HIV/AIDS Quality Management Plan. Due to time restraints, the committee decided to table the review and discussion for the Local Pharmaceutical Assistance Program (LPAP) Service Standard and the Emergency Financial Assistance Service Standard (EFA) until the June committee meeting. **Membership & Engagement Committee:** The committee reviewed the membership matrix. PC reflectiveness and attendance roster. There are currently 24 Planning Council members, 14 (58%) are PWH, 9 (37.5%) are unaffiliated/unaligned PWH, and 8 (33%) are conflicted members. The committee discussed the training schedule and the types of training they would like to see in the upcoming months. The committee reviewed and made recommended revisions to volume 13 of the Red Ribbon Times magazine. The committee reviewed and approved articles for volume 14 of the Red Ribbon Times magazine. • The committee reviewed and approved the Meetings Policy & Procedures. The committee completed their leadership evaluation via Mentimeter. **SURE Housing Initiative** Joseph provided a overview on the SURE Initiative and the services and community the **New Business:** serve which is housing for LGBTQ+ youth between the ages of 18-24 years old. He provided a explanation on the structure of the initiative and the three keys to eligibility.

	<ul> <li>He shared in detail the services offered as well informing participants his contact information to reach out and share with the community.</li> <li>Joseph opened the floor for participants to ask any questions and/ or address any concerns.</li> <li>Mental Health Awareness</li> <li>Dr. Santiago started with introducing herself and the topic she will be discussing with stress.</li> <li>She provided an overview on what stress is, stress responses, different types of stress both positive or negative, unhealthy and healthy coping strategies, and barriers to stress management.</li> <li>Dr. Santiago discussed a couple ways to help stress management such as a healthy lifestyle with diet, exercise, sleep habits,</li> </ul>
	managing technology, creating a support system, and exercises- deep breathing,
	imagery, five senses techniques, self- reflection questions, Mayo Clinic's 4 A's.
Announcements:	No Announcements
ACTION ITEMS	
Item	Responsible
Next Meeting	June 18, 2024
Adjournment:	7:30 pm
Prepared by: Nyla Tapley	Date: 05/23/2024
Approved by:	Date: